

**Glenbard  
West***May 2025*

Hello - this is a reminder that you're receiving this email because you have a student at, or have expressed an interest in, Glenbard West High School. Communication between Glenbard West and our families and community is very important to us. Don't forget to add [gw\\_news@glenbard.org](mailto:gw_news@glenbard.org) to your address book so we'll be sure to land in your inbox! Please email any questions directly to Glenbard Staff, we are happy to respond.

**DO NOT REPLY TO THIS EMAIL**

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Hilltopper Community,

We have reached the last Principal's Newsletter of the 24-25 school year. After today, our seniors have just thirteen days left of high school, and all other students are just eighteen days away from summer break. Between our recognition ceremonies, spring sports, concerts, performances, art shows, and more, this is a fun (and full) final stretch.



It should be no surprise, then, that this newsletter is packed with important information. You'll find the calendar for our remaining end-of-the-year events; info on ACT, AP, and final exams; all of the

important  
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er school,  
l year.

Monday begins Teacher Appreciation Week. I am proud to lead a school with so many dynamic professionals who are deeply committed to Glenbard West, to improving their craft, and—most importantly—to creating learning environments where our students feel safe, connected, and challenged. I hope you join me in celebrating their efforts and talents next week.

As always, thank you for reading. Please feel free to contact me directly with any questions or concerns.

Go West!

Ben Peterselli  
630-942-7473  
[ben\\_peterselli@glenbard.org](mailto:ben_peterselli@glenbard.org)

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## IMPORTANT DATES

### May 1

Jazz Band & Spring Orchestra Concert  
7:30 - 9:00 p.m.  
Auditorium

Spring Fling Badminton  
6:00 - 8:00 p.m.  
Field House and Biester Gym

### May 3

Orchesis Showcase  
12:00 - 3:00 p.m.  
Auditorium

### May 5

AP Exams Begin

### May 6

District 87 Film Festival  
Glenbard East High School

7:30 - 9:30 p.m.

Auditorium

**May 12**

Honors Music Recital

TBA

**May 13**

Local Scholarship Award Night

7:00 - 8:30 p.m.

Library

**May 15**

Theatre Awards Night

7:00 - 8:30 p.m.

Auditorium

**May 16**

Last day for Seniors

8th Grade Family Night

6:00 - 7:30 p.m.

Duchon Field

**May 19**

Music Awards Night

7:30 - 8:30 p.m.

Auditorium

**May 20**

Graduation Rehearsal and Senior Picnic

10:00 a.m. to 2:00 p.m.

Field House

Ice Cream Social

3:00 p.m. to 3:30 p.m.

**May 21 - 23**

Final Exams

**May 22**

## STUDENT RECOGNITION

### World Language Honor Society Inductees

#### Société Honoraire de Français

Lila Abbruzzese, Evelyn Abeln , Nataniel Adamski, Hebah Ahmed, Cait Alligood, Madison Bachman, Mark Baldin, Nolan J. Bellis, Lily Grace Benton, Julian Blecha, Madison Bodzioch, Judah Cabral, Avery Elliott, Arianna Genc , Anabella Escobar, Nora Evelyn Janninck, Ava Grace Krebs, Leo Krynen, Rowe Lamkey, Nathaniel B. Lange, Cole Lisook, Adam Manzke, Eli Martin, Maxwell Norton, Regina Ortega, Brynn Sophia Pfannenstiel, Grace Ramsey, Rosalindh Renkes, Mahalia Rodriguez, Quinna Roddick-Small, Jessica Brooke Sandusky, Drake Schaefer, Aleksandra Sierota, Evie Slepicka, Channing Grace Smith, Erin Thompson, Logan Voelker, Zoey Williams, Sophie Yob, and Muhammad Raahim Zeeshan

#### Chinese Honor Students

Brandon Bierly, Conmac Annan, Daniel Weinberg, Daxton Keller, Demetrios Andrianopouios, Donia Ammar, Eleanor Luzi, Jacob Ratowski, Joshua Tanner, Kenley Codinha, Kha Nguyen, Marilyn Aung, Megan Tsai, Naphtali Williams, Noah Miller, Noor Shameem, Piper Davis, Seraphine Codinha, Vanessa Salgado, Zara Salman, and Zachery Hane

#### Sociedad Honoraria Hispánica

Sebastian Amin, Owen Ashmore, Natalie Barrientos, Nolan Beery , Maeve Brannegan, Elizabeth Bredfeldt, Paige Brondyke, Farryn BurrIDGE, Seraphine Codinha, Audrey Doyle, Andrew Fanella, Sadie Fletcher , Victoria Fors , Molly Gibson, Jackelin Gomez, Jennifer Gritis, Jessica Guitierrez, Thomas Hackett, Liam Hepner, Ace Hernandez, Lily Hubbich, Rory Hughes , Sarah Iken, Iman Jawad, Sophia Kim, Allison Kwiatkowski, Tanya Le, Victoria Leonczuk, Alexia Lopez, Ellie Magas, Melanie Martinez, Nicholas Millan, Caleb Miller, Matthew Murin, Rishi Nambiar, Eliana Nicholas, Aiza Nouman, Aria Panjwani, Jameson Rooney, Duncan Rowley, Jhoel Santin, Vasili Sarolas, Karla Serna, Madison Serna, Sakeena Siddiqi, Kayla Street , Laura Slepicka, Diego Tlachi-Valencia, and Suditi Vinay

Student  
not far



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that are  
way to

recognize students with outstanding character. This is the only award at West that focuses on a student's kindness, willingness to help others, going above and beyond for their school and/or community, and positive attitude. Basically, Matter of Pride recipients are what makes West the Best!

Congratulations to our **April Award Recipients:**

**Caroline Challgren, Carter Griggs, Juan Avila, Audrey Weaver, Om Patel, Isabela Marie Dela Merced, Elianna Georgitsis, Ishrat Patel, and Valentina Fantoni. Not pictured Will Walter.**



# Badminton Tournament

Sponsored by Sophomore Board and West Nation!

**Thursday**  
**May 1st, 6-8pm**

**Cost: \$10 or use West Nation Sticker**

**DATE CHANGE**



**No Experience Necessary!**

**Grab Your Friends and Make a Team!**



**Scan QR code or Sign up in Student Services Office**



# 8TH GRADE NIGHT

## FOOD

CATERED BY  
HEAVENLY HOT DOGS

PURCHASE  
**Spiritwear**

AT OUR MERCH TABLE

GOT QUESTIONS ABOUT HIGH  
SCHOOL? ASK ONE OF THE  
STUDENTS AT OUR

## INFO TABLE

TAKE A STUDENT-LED

**TOUR**

OF THE SCHOOL

## GAMES!!!



Scan to give a  
song request!



**May 16, 6-7:30pm**

**Duchon Field**

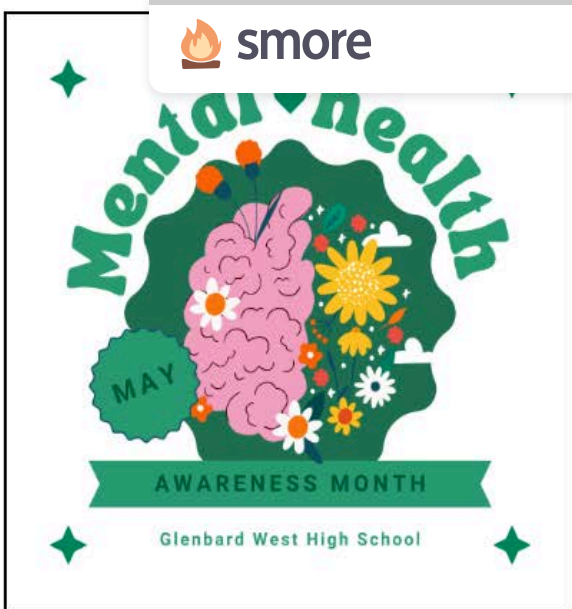
Scan to RSVP



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May is Mental Health Awareness Month — Let's Talk  
About It



At Glenbard West, we are committed to supporting the whole student — emotionally, socially, and academically. As we recognize Mental Health Awareness Month this May, our **Students for Students (SFS)** club and the **Student Services Department** are leading the charge in promoting awareness, connection, and well-being.

During the Month of May we will promote student-led activities like “**Chalk the Walk,**” our goal is to break the stigma and remind everyone that mental health is a vital part of our wellbeing. These efforts help create a culture where students feel empowered to speak up, seek support, and take care of themselves and one another.

Taking care of our mental health is important – for kids and adults! Here's some information about mental health and how you can support your child's mental well being.

### MENTAL HEALTH VS. MENTAL ILLNESS

These two terms are often used to describe the same thing, but they actually have different meanings.

#### MENTAL HEALTH

- The state of your mental and emotional wellbeing
- How well you are able to handle the demands and challenges of life, your relationships with others, and your view of yourself.

#### MENTAL ILLNESS

- According to the National Alliance Of Mental Illness, mental illness is a condition that affects a person's thinking, feeling or mood.
- Mental illnesses can vary and may or not affect a person's functioning.

### HOW KIDS CAN IMPROVE MENTAL HEALTH

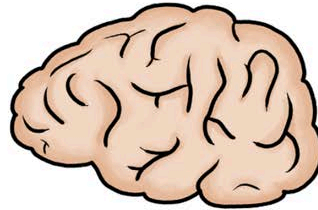
- Spend time in nature
- Spend time with loved ones
- Do an activity they enjoy
- Exercise
- Do something to help someone
- Get enough sleep
- Try something new
- Limit time spent on technology

### HOW YOU CAN HELP

- Listen to your child – to the big things and the small things
- Do something together that your child enjoys
- Set and enforce boundaries around technology
- Give your child meaningful praise
- Don't be afraid to seek professional help

#### WARNING SIGNS TO LOOK FOR:

- Sudden changes in weight or appetite
- Complaints of stomachache
- Changes in sleeping habits
- Becoming more isolated
- Difficulty concentrating



### Conversation starters to try with your teen:

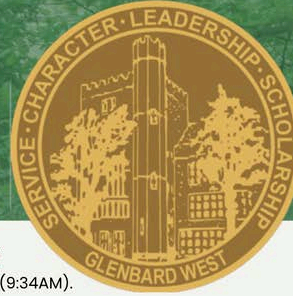
- "What's been challenging for you lately?"
- "What helps you feel calm when things get stressful?"
- "How do you take care of your mental health?"
- "How do your friends talk about stress or mental health?"

Together, let's normalize mental health conversations and help our students know they are never alone.

### Helpful resources:

- [NAMI DuPage](#)
- [Child Mind Institute](#)
- [Mental Health America: Parent Resources](#)

# Important Dates



## **Mandatory Senior Meeting**

April 07

All Seniors report to Auditorium during Glenbard Hour (9:34AM). Seniors will receive important graduation and end-of-year details.

## **All Graduation Forms Due**

April 25

## **Complete Senior Survey**

May 02

All seniors must complete their Senior Survey by May 2nd (to be included in school newspaper) or May 16th (to be in senior celebration video and satisfy your graduation requirement).

## **Senior Honors Convocation**

May 06

Auditorium at 7:30 PM

## **All Financial Obligations Due**

May 07

This includes iPad, School Fees, Library Fees, Athletic Fees & Lunch Fees

## **Cap & Gown Pick-Up**

May 16

On May 16, 2025 during Glenbard Hour, all Seniors will be required to report to Biester Gymnasium to receive their Cap and Gown.

## **Senior Last Day**

May 16

Seniors will be dismissed at 3:00pm. All Seniors (except athletes in season) will be expected to leave campus and not return until graduation rehearsal on May 20th.

## **Graduation Practice/ Senior Picnic**

May 20

All participants need to report to the Field House by **10:00 AM**. Participants will receive their seating assignment and practice the ceremony. Afterwards, the entire Senior class will take part in sharing memories, celebrating and enjoying delicious food at the Senior Picnic. The picnic starts at 12:00 PM and ends by 2:00 PM. **Upon exit, graduates will receive their commencement tickets for family members.**

## **Commencement Day**

May 22

All participants need to report to the Field House by **5:00 PM**. Participants should wear dress attire and shoes. Those who arrive in inappropriate attire will be asked to change or NOT march in the ceremony.

## Seniors-

- Attend Senior Meeting on April 7th
- Remind family to complete commencement participation form by April 25.
- Continue working hard and attending school.
- May 20 report for Graduation Rehearsal at 10:00 am sharp.
- May 22 report for Commencement Ceremony at 5:00pm.
- Wear dress attire/shoes to Commencement.
- DO NOT decorate your cap and/or gown in any manner.
- Students who arrive in inappropriate attire, will be asked to change or NOT march in the processional.
- Respect your accomplishment and your classmates as well by not drawing attention away from the event.

## Family-

- [Complete Commencement Participation](#) Form by April 25.
- [Complete Extra Ticket Form](#) (if necessary) by April 25.
- Arrive early to the ceremony- gates will open at 4:30 p.m.  
No guests will be admitted onto Duchon after 6:00 pm.
- Avoid bringing umbrellas or balloons in bleachers.
- No saving of seats (first come, first serve basis).
- Hold your applause until all names have been read. We want everyone to hear each graduate's name announced.



iPads	Seniors need to complete an iPad Buyout or return their iPad to the Help Desk by May 7th. If you've rented for four years there is NO buyout.
Library	Seniors need to return all rented library books May 7th.
Commencement Tickets	Seniors must have all financial and academic obligations resolved to receive their commencement tickets. These will be distributed after graduation rehearsal on May 20th. Each graduating senior will receive four (4) tickets for the ceremony. Students may request up to two (2) additional tickets by completing the <a href="#">Complete Extra Ticket Form</a> by April 25th.
Caps & Gowns	Caps & Gowns will be distributed during Glenbard Hour on May 16th. If you have not yet ordered a cap and gown, contact Herff Jones immediately at (815) 756-4743 or visit <a href="http://www.highschool.herffjones.com">www.highschool.herffjones.com</a> .
Commencement Video	Communication Resource Management will be providing a Digital Download of the Commencement Video for all interested parties. To order your Digital Download please visit: <a href="http://mygraduationvideo.com/">http://mygraduationvideo.com/</a>
Grad Pictures	Gradimages is the official photographer for the Commencement Ceremony. Each graduate will be photographed and the proofs will be available for viewing soon after the event at <a href="http://www.gradimages.com">www.gradimages.com</a> .
Livestream Link	The ceremony can be seen live using <a href="#">THIS LINK</a>
Rain Date	Friday, May 23rd at 6:00 PM is the rain date for the ceremony. If there is inclement weather, the ceremony will be moved inside. In this instance, only the four (4) original tickets can be used for the indoor ceremony.

[Click Here to Access Detailed Information and Links](#)

## MS. SARA KUSH, ASSISTANT PRINCIPAL FOR INSTRUCTION

### AP Exam Schedule

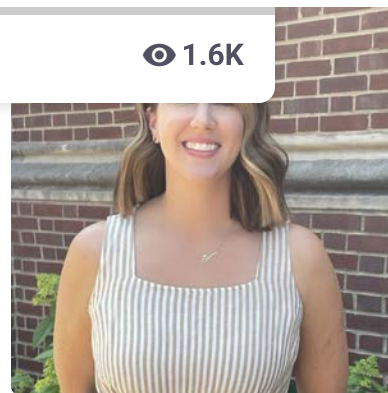
It's hard to believe, but AP exams are starting next week! Families are encouraged to read Volume Four of our AP Guide for Families available in [English](#) and [Spanish](#). You'll find important information about our [AP exam schedule](#), testing locations, and answers to frequently asked questions. Students are encouraged to get ample sleep, eat a healthy breakfast and dress comfortably for testing.

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they will be unable to access the exam without it. Note that College Board does not allow anyone to have access to students' personal login information so they will be unable to assist students who do not have their information. Students must also bring their iPad fully charged with their charging cord to ensure ample power throughout testing.



All important updates regarding AP exams will be shared with students and families via Remind. If you and your student have not yet joined, please do so by texting @gbwaptest to the number 81010 or clicking [here](#). Please contact the office of the Assistant Principal for Instruction with questions: 630-942-7471.

## ACT and preACT Scores

Scores are in from the recent ACT exam and should be available in students' myACT accounts if the test was taken on the original testing day of April 10th. Make-up date scores should be available soon. If students are using option #2 to send their scores, they can review the steps necessary [here](#).

If students are having issues accessing their ACT scores:

- ACT confirmed that students must call ACT directly for any issues — schools cannot do this on their behalf.
- If students did not create a MyACT account within two days of testing, they will receive a unique code on their paper score report that they can use to access their scores or create a MyACT account.
- Paper copies of score reports will be sent to the schools and distributed to students once available.
- Click [here](#) for the message juniors received in Schoology on Monday from Mr. Bergantino.

preACT scores will be shared with the school and distributed to students and families once available. Students should contact their counselor with any questions. Thank you for your patience as we navigate distribution of the score reports and support juniors with the new score send process with ACT.

## Second Semester Final Exam Schedule

The final exam schedule for the second semester can be found below. Please note that students are not allowed to take early final exams due to a pre-arranged absence or family vacation. If these situations arise, students can either take their exam(s) during our makeup periods or receive an Incomplete and make up the exams over the summer. If you know that your student will miss final exams, please alert our Deans' Office as soon as possible.

Day 1 Wednesday 5.21.25	<b>Period 5</b> Exam	Break	<b>Period 3</b> Exam	Break	<b>Period 7</b> Exam	Resource Period
Day 2 Thursday 5.22.25	<b>Period 6</b> Exam	Break	<b>Period 2</b> Exam	Break	<b>Period 8</b> Exam	Resource Period
Day 3 Friday 5.23.25	<b>Period 4</b> Exam	Break	<b>Period 1</b> Exam	Break	Rescheduled/ Makeup Exam	Resource Period

Students who miss an exam due to an unexpected absence can make arrangements with their teacher to take the exam during the Makeup Exam slot on Friday at 11:10 a.m.

Students who have three exams on either Wednesday or Thursday may elect to change or move one of their exams to the Makeup Exam slot on Friday at 11:10 a.m. A rescheduled exam form must be completed and approved at least one week prior to the exam (Wednesday, 5/15). Students can pick-up the required form in the Dean's office.

## BUS SCHEDULE FOR FINAL EXAMS

(There will be regular morning bus service on all exam days.)

	<u>Morning Bus Routes</u>	<u>Regular Bus Depart West</u>	<u>Activity Bus Depart West</u>	<u>Athletic Bus Depart West</u>
Day 1 Wednesday 5.21.25	Regular Route	12:45	1:55	4:30
Day 2 Thursday 5.22.25	Regular Route	12:45	1:55	4:30
Day 3 Friday 5.23.25	Regular Route	11:10	No Activity Bus Needed	2:00

## MR. PETER BAKER, ASSISTANT PRINCIPAL FOR STUDENT SERVICES

Our Glenbard West Related Services Team is dedicated to providing interventions and support for all students. If your child is struggling from emotional barriers that are preventing them from succeeding in class, please do not hesitate to contact any of our dedicated staff members. I am excited to introduce our team!



Back row: Max Hufnagle, Nisa Gabbidon, Jaclyn Reeves, Pam Hagstrom, Deandra Bass  
Front row: Lisa Cunningham, Jessica Walters, Peter Baker, Amanda Meyer, Bridget Mazzone

### STUDENT SERVICES PERSONNEL

Name	Title	Team	Phone Number	Email Address
Deandra Bass	Social Worker	Dean Blackmon; Counselors: Neberz, Ochoa, Keely (V-Z)	630-942-7455	deandra_bass@glenbard.org
Bridget Mazzone	Social Worker	Dean Billone; Counselors: Rubino, Sieck, Wiencek	630-942-7457	bridget_mazzone@glenbard.org
Jaclyn Reeves	Social Worker	N/A	630-942-7548	jaclyn_reeves@glenbard.org
Jessica Walters	Social Worker	Dean Meister; Counselors: Bergantino, Culloton, Keely (S-U)	630-942-7454	jessica_walters@glenbard.org
Nisa Gabbidon	School Psychologist	Deans Meister & Blackmon; Counselors: Bergantino, Culloton, Keely (S-U), Neberz, Ochoa, Keely (V-Z)	630-942-7458	nisa_gabbidon@glenbard.org
Amanda Meyer	School Psychologist	Deans Billone & Blackmon; Counselors: Rubino, Sieck, Wiencek, Neberz, Ochoa, Keely (V-Z)	630-942-7742	amanda_meyer@glenbard.org
Lisa Cunningham	Assistant to Activities	N/A		lisa_cunningham@glenbard.org
Max Hufnagle	Assistant to Student Services	N/A		max-hufnagle@glenbard.org



Left to right front row: Beatriz Ferreria, Mary Yangas, Rhiannon Sieck, Natalie Rubino, and Lissete Ochoa. Second row: Patty Fanella, Kate Culloton, Jeremiah Weincek and Matt Brodhead. Back row: Tad Keely, Mike Neberz, and Tony Bergantino.

### Class of 2025 Families

A final reminder that we want to celebrate your graduate's future plans. If they haven't already, [please fill out this form\(link\)](#) and the **required Graduation survey on SchoolLinks**, responses are due by Thursday, May 16th! We're still missing a lot of responses, if your senior is missing their survey you will receive a separate email in the near future from School Counseling. There will be a Decision Day celebration on May 2nd in school and we will be posting postsecondary plans to celebrate the Class of 2025 through a Decision Day Celebration Video on YouTube which gets sent out to the community prior to graduation. Annually these videos get thousands of views so don't miss out on the opportunity to celebrate all our seniors' accomplishments.

Regarding  
requesting



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pages  
collected

from the completion of the **Graduation Survey in [SchoolLinks](#)**. Your graduating senior can update their “enrollment decision” in SchoolLinks to ensure their attending college is accurate. When semester grades are finalized at the end of May, we will begin the process of producing final transcripts. Once they are completed we will be sending them electronically to all colleges beginning mid-June and will all be completed prior to July 1st, a timeline that has been approved by all Colleges and Universities. Please contact your Senior’s School Counselor if you have any questions. We wish all graduates great success in the future!

## FROM THE DEANS' OFFICE

### Average Daily Attendance

The end of the school year is close, and that means exciting events like awards nights, Prom, and Graduation, but it also means stressors like finals and semester grades. Our goal is to make sure all students finish strong as they close out their school year, whether it’s their first year at West or their last.



Unfortunately, we saw a dip last month in our overall Average Daily Attendance to 90.67%. Our highest percentage this year was 94.82%. The best way you can support your student to finish this school year strong is to make sure they are here at West every period, every day. Our goal is to reach 95% Average Daily Attendance for the rest of this school year.

### Monthly Attendance Tip

Help your student wind down for the night by encouraging calming activities such as reading a book or listening to soothing music, about an hour before bed. Consistency is key—make sure they have a regular bedtime and wake-up time, even on weekends, to regulate their sleep cycle. Remember, screens—phones, laptops, or tablets—can interfere with sleep, so be sure to turn them off at least an hour before bed. Getting enough restful sleep will not only improve their mood and energy but also enhance focus, memory, and performance in school.

### Remember!

All absences must be communicated with our Attendance Office before 10:30. Call (630) 858-5060 anytime, day or night to speak with one of our Attendance Office Assistants or leave a voicemail.

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### Need Help?

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harmful, or dangerous, Glenbard West provides the [Hilltopper Help Form](#).

Additionally, students can text a CRISIS Test Line: Text HOME to 74141, which sends information to a Crisis Counselor, a real-life human trained to help individuals return to a healthy/stable level of functioning.

Finally, the State of Illinois launched a school safety program called Safe2Help Illinois to raise awareness of the 21st-century threats facing school children in Illinois. Safe2Help Illinois will offer students a safe, confidential way in which to share information that might help prevent suicides, bullying, school violence, or other threats to school safety. This program is intended to get students to "Seek Help Before Harm." Call 844-472-3345 or Text 72332(SAFE2) to report.

***Go West!***

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## FROM THE HEALTH OFFICE

Attention class of 2026 and class of 2029. Have you turned in your needed health requirements yet for next year?

- All **incoming seniors** (the class of 2026) must show proof of receiving the [meningococcal vaccine](#).
- All **incoming freshman** (the class of 2029) must show proof of having received a [physical examination/needed immunizations](#) and proof of dental examination.

**The health office is requesting this information by July 15th.**

For more information and forms please visit the Glenbard West health office webpage at:  
<https://www.glenbardwesths.org/health-services/>

*First day of school exclusion will apply to lack of/or incomplete physicals and/or immunizations.*

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**MR. JOE KAIN, ASSISTANT PRINCIPAL FOR  
ATHLETICS**

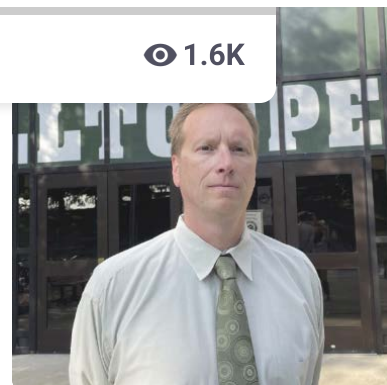
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Glenbard West. We are very proud of all of their individual and team accomplishments, and we know that they will continue on and be successful as they soon graduate.



Many of our spring sports will be entering the IHSA State Series in the upcoming weeks. Please continue to support all of our teams as we wish them the best of luck. We look forward to hosting the following State Series events weather pending:

Sectional Boys Gymnastics Monday May 5th 6:00pm Biester Gym

IHSA Regional Baseball Wednesday May 28 and Saturday May 31 at Village Green

We look forward to all of our current and future Hilltoppers being involved and staying active during the summer. These camps will run through the Glen Ellyn Park District, and information can be found on their website at [gepark.org](http://gepark.org).

There will be limited access to entrances at Biester Gym due to summer construction around campus. Please make sure to drop off and pick up in designated spots around campus to ensure student safety. **The District 87 parking lots at the corner of Park Blvd. and Crescent and also at the corner of Park Blvd. and Pennsylvania Ave. is not allowed for pick up and drop off.** The fieldhouse entrance in the Biester parking lot will not be available for the entirety of the summer. Please use either the main entrance/exit at the front of Biester Gym (Entrance #1) along with the entrance off of Crescent Blvd. by the wrestling room. (Entrance # 3)

Please note that this year all fall sports will begin on Monday August 11, 2025. Fall sports to include Boys and Girls Cross Country, Boys and Girls Golf, Football, Boys Soccer, Girls Volleyball, Girls Swimming, Girls Tennis, and Girls Field Hockey. In order to participate, registration must be completed on the parent portal for PowerSchool which includes the Athletic Code agreement and concussion awareness agreement. In addition, a current physical within the last 13 months MUST be turned into the Athletic Office prior to practicing.

I would also like to take this opportunity to thank our entire Glenbard West community for their ongoing support. Glenbard West is truly an exceptional community where all of us as Hilltoppers represent the very best in pride, tradition, and excellence!

GO WEST!

[Click Here for Schedules of Athletic Programs](#)

## Engines Off for Kids' Health

Happy spring everyone! Air quality levels at schools have shown elevated levels of pollution in the afternoon coinciding with families picking up students. Let's keep our air clean by turning off our engines for kids' health! For more information, see the graphic below.

**ENGINES OFF FOR KIDS' HEALTH**

**IDLING**  
Idling is running a vehicle's engine when not in motion.

**THE FACTS**  
Idling more than 10 seconds uses more fuel than restarting the engine and can damage engine components.  
  
Frequent restarting won't harm your engine.  
  
In the US, we waste 3.8 million gallons of gas idling every day.

**NO IDLING**

**KIDS' HEALTH**  
Breathing exhaust fumes is linked to increases in asthma, allergies, heart and lung disease, and cancer.  
Children are more susceptible to air pollution because they take roughly two times more breaths per minute than adults.  
Monitoring at schools has shown elevated levels of pollutants during the afternoon hour coinciding with families picking up children.

**STEPS TO TAKE**  
Turn your vehicle off if you need to wait more than 10 seconds.  
  
Avoid idling at schools to reduce children's exposure to toxic vehicle exhaust. To warm or cool your car in extreme weather, limit idling to five minutes.  
  
Walk or bike to neighborhood schools. Take the bus or carpool as much as possible.

FOR MORE INFORMATION, PLEASE VISIT  
**LWVGE.ORG/CLEANAIR**

## SUMMER READING



Hey, Hilltoppers! The end of the semester is just around the corner, so it's a great time to start thinking about your summer reading list.

It's our hope that everyone finds something to read this summer that offers hope, joy, and new insights. Note that some of our classes, especially Honors and AP

courses,  
more, ex



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Library website: <https://glenbardwesths.libguides.com/gwlibhome/summer-reading>

Have a great summer!

## 2024- 2025 BELL SCHEDULE

### BELL SCHEDULES FOR THE 2024-25 SCHOOL YEAR

MONDAY		TUESDAY		WEDNESDAY			THURSDAY			FRIDAY	
1	8:00 - 8:43	1	8:00 - 8:43	1	8:00 - 9:30		4	8:00 - 9:30		1	8:00 - 8:43
2	8:48 - 9:31	2	8:48 - 9:31	3	9:35 - 11:05		2	9:35 - 11:05		2	8:48 - 9:31
GH	9:34 - 10:14	3	9:36 - 10:19	7	11:10 - 1:25		8	11:10 - 1:25		GH	9:34 - 10:14
3	10:17 - 11:00	4	10:24 - 11:07	A	LUNCH	11:10 - 11:50	A	LUNCH	11:10 - 11:50	3	10:17 - 11:00
4	11:05 - 11:48	5	11:12 - 11:55		CLASS	11:55 - 1:25		CLASS	11:55 - 1:25	4	11:05 - 11:48
5	11:53 - 12:36	6	12:00 - 12:43	B	CLASS	11:10 - 11:55	B	CLASS	11:10 - 11:55	5	11:53 - 12:36
6	12:41 - 1:24	7	12:48 - 1:31		LUNCH	11:58 - 12:38		LUNCH	11:58 - 12:38	6	12:41 - 1:24
7	1:29 - 2:12	8	1:36 - 2:19	C	CLASS	12:41 - 1:25	C	CLASS	12:41 - 1:25	7	1:29 - 2:12
8	2:17 - 3:00	PLC	2:23 - 3:05		CLASS	11:10 - 12:40		CLASS	11:10 - 12:40	8	2:17 - 3:00
					LUNCH	12:45 - 1:25		LUNCH	12:45 - 1:25		
				5	1:30 - 3:00		6	1:30 - 3:00			

[Click Here to View Our Glenbard West Calendar](#)

## 2025-2026 SCHOOL CALENDAR

**2025 - 2026 SCHOOL CALENDAR**

August	11 - 12	All Teachers' Meetings (Institute)
	13	Staff Contractual Day (Students NOT in Attendance)
	14	First Full Day of Student Attendance
September	1	NO SCHOOL - Labor Day
October	13	NO SCHOOL - Columbus/Indigenous Peoples' Day
	22 - 23	*Students Attend School - Parent/Teacher Conferences in the Evening**
	24	NO SCHOOL - Non-Attendance Day
November	26 - 28	NO SCHOOL - Thanksgiving Recess
December	19	End of First Semester
	22	NO SCHOOL - Winter Recess Begins
	23	NO SCHOOL - Teacher's Institute
January	5	NO SCHOOL - Teacher's Institute
	6	Classes Resume - Winter Recess Ends
	19	NO SCHOOL - Martin Luther King Day
February	16	NO SCHOOL - Presidents' Day
	27	NO SCHOOL - Teachers' Institute
March	30	NO SCHOOL - Spring Recess Begins
April	6	NO SCHOOL - Non-Attendance Day
	7	Classes Resume - Spring Recess Over
	22	Last Day for Students
May	TBD	Glenbard South Commencement
	TBD	Glenbard West Commencement
	TBD	Glenbard East Commencement
	TBD	Glenbard North Commencement
May	26 - 29	Emergency Days
June	1	Emergency Day

\* Early Dismissal on October 22 & 23, 2025

\*\* Although October 22 & 23 are designated as Parent/Teacher Conference evenings, parents are encouraged to meet with teachers for student conferences. This can be arranged by calling the school to make an appointment at any time during the school year.

May 26, 27, 28, 29, and June 1 will be abated if not used for emergency reasons earlier.

Calendar adopted by Glenbard Township High School Board of Education on 10/14/2024.



**2025-2026 School Calendar.pdf**

**Download**

85.7 KB

## FOOD SERVICE

Glenbard District 87 is pleased to partner with OrganicLife as our food service provider. Information regarding OrganicLife, menu offerings, and nutrition/allergen information will be available on your high school's website this summer.

Visit [www.pushcoin.com](http://www.pushcoin.com) to sign up for the prepayment option with their easy-to-use system.

Please note that for the 2024-2025 school year, free meals will be available to those who qualify. Please see the "[Residency, Fees, and Financial Assistance Information](#)" page for more information.

## BOOSTERS



Glenbard West Boosters is primarily a fundraising organization with more than 350 members and 125+ Board members that plans various Booster-sponsored events and fundraising activities. The funds raised enhance academic programs, athletic programs and extra-curricular activities that enrich the student experience at Glenbard West.

[Click Here for More Information About Boosters](#)

## WEST NATION

West Nation proudly supports **Glenbard Parent Series (GPS)**. Visit [www.GlenbardGPS.org](http://www.GlenbardGPS.org) for information on the nationally recognized speaker series for parents, students, educators and community members. The series is free and open to the public.

Please visit [www.gbwnation.com](http://www.gbwnation.com) to purchase a membership, make a donation and to volunteer. We invite all students and parents to be a part of WEST NATION!

**Follow us on Twitter/[@GWWestNation](#) or Facebook/[GlenbardWestNation](#)**

[Click Here for More Information About West Nation](#)

GPS

Parent  
Series

## Navigating Healthy Families

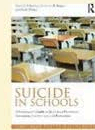
## Upcoming Events

**HYBRID EVENT – Suicide Signs and Symptoms: Let's Talk About It**

Dr. Jonathan Singer

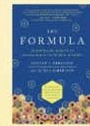
Thursday, May 1 at noon and 7 p.m.

Evening program held over Zoom and at the Carol Stream Public Library with a Community Resource Fair with health assessments &amp; giveaways at 6:30 p.m.

**Early Childhood Event – Everyday Principles to Grow Happy, Healthy and Smart Young Children**

Dr. Ronald Ferguson

Tuesday, May 6 at noon and 7 p.m.

**Start the Year with Back-to-School Organizational Skills for School Success**

Sarah Ward and Kristen Jacobsen

Thursday, August 21 at noon and 7 p.m.

**How Parents Can Support Students to Dream Big, Aim High and Succeed**

Susan Dominus in conversation with Dr. Lisa Damour, author of "Under Pressure"

Tuesday, August 26 at noon and 7 p.m.



Share this free Resource!

[Click Here for Glenbard Parent Series Webpage](#)

You can keep up with Glenbard information throughout the year by signing up for Glenbard News, our district-wide newsletter, at [this link](#).

Each week, you will receive district-wide news about students' achievements in school-sponsored activities; upcoming events; fund-raisers; school board information and more.



**CLICK HERE TO SIGN UP FOR GLENBARD NEWS TODAY**

## LATEX ALLERGIES

Schools across the nation are experiencing more and more students who have latex allergies. Often, students with this allergy can have severe and even life-threatening reactions if exposed to latex resins and powders. For their safety, there are certain latex products we no longer allow on campus. Latex balloons and "Silly String" pose a significant health threat to students with a latex allergy. These products are not allowed on campus at any time, including after school, evening, and weekend events. With this in mind, we request your help: Please talk with your children about this health and safety issue. Some students might not understand the reason for a "balloon ban." At West, we want all parents to know that their children are safe on campus.

## CRISIS TEXT LINE

**Crisis Text Line - Text REACH to: 741741**

This sends information to a Crisis Counselor, a real-life human being trained to help individuals return to a healthy/stable level of functioning.



## SAFE2HELP ILLINOIS

**Safe2Help Illinois Call 844-472-3345 or Text 72332(SAFE2)**

Safe2Help Illinois offers students a safe, confidential way in which to share information that might help prevent suicides, bullying,

school violence or other threats to school safety. This program is intended to get students to "Seek Help Before Harm."

## SCHOOL VIOLENCE/BULLYING TIP LINE

Students  
anonymo



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Leave an  
ing

Hotline Call (630) 942-7406

## NATIONAL SUICIDE PREVENTION LIFELINE/TEXT 988

National Suicide Prevention Lifeline Call/Text 988

This number has trained staff to answer calls and respond to texts from individuals at risk for suicide as well as those experiencing other mental health and substance use-related emergencies. Specialized services will be available for veterans, LGBTQ+ individuals, and other groups.



### Glenbard West High School

Email: [gw\\_news@glenbard.org](mailto:gw_news@glenbard.org)

Website: [glenbardwesths.org](http://glenbardwesths.org)

Location: 670 Crescent Blvd.

Phone: [630-469-8600](tel:630-469-8600)

Instagram: [@glenbard\\_west\\_hilltoppers](https://www.instagram.com/glenbard_west_hilltoppers)

Glenbard West High School

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